

SPRING 2010

# KidsLA magazine

**Test-Taking  
Strategies**

**LITTLE  
GREEN  
THUMBS**

TIPS FOR  
GARDENING  
WITH KIDS

**Food Allergies**  
WHAT YOU  
NEED TO KNOW

**CECILIA CASSINI**  
KID DESIGNER  
SUPERSTAR

**8**eco-friendly  
BOOKS FOR THE  
ENTIRE FAMILY



*Through the  
Looking Glass:*  
**WONDERLAND  
FASHION**

# mommy and me moments

Filmmaker Monika Petrillo and her six-year-old daughter Louisa were part of an international effort to set a new worldwide flying record on March 8 to celebrate the Centennial of Licensed Women Pilots and Women's Day. Monika decided to use this opportunity to take her daughter up in the air for the first time. The 39-year-old mother of two from South Pasadena earned her own pilot's license at age 24, inspired her father to do the same, and together with him circumnavigated the continent of Australia in a single-engine airplane in 1998. She told the story of her adventure by making a feature-length documentary film called *Flyabout*, which will be shown at the South Pasadena Library on May 6 ([flyaboutmovie.com](http://flyaboutmovie.com)).



Louisa brought her friend Lauren Galles and her mom. They were all very excited about this experience of flying in a small airplane over their own house, school and past the Hollywood sign. But they were probably most excited when Monika handed them their certificate and told them that they had just contributed to setting the "World Record of Most Women Introduced To Flying In A Single Day". When asked what was their favorite part about the flight, Lauren said, "The landing!" Louisa smiled and said, "The moment when the plane went up and then down. That felt a little bit like being in a roller coaster." Monika's favorite part, "Finally being able to share my dream of flying with my daughter." A true mommy and me adventure.

MamaOm brings together stylish designs with environmentally friendly materials. The organic clothing is not only comfortable; it also keeps up with the latest trends for both mothers and daughters alike. Cindia dress \$56, Cindiling dress \$48, [mamaom.com](http://mamaom.com).



Eco-friendly Revenge Is offers mom their signature "Earth Day shirt", to celebrate the 40th Anniversary of Earth Day on April 22nd. All T-shirts in the line are made strictly from a 50/50 blend of organic cotton and recycled plastic bottles (RPET) and printed with non-toxic soy-based inks. Kids get some Revenge Is too. Mom's tee \$32, kid's tee \$21, [revengeis.com](http://revengeis.com).



Keep your kids close to your heart and wear charm necklaces by Heart and Stone Jewelry. Their "Solve the Puzzle" charm necklace was created to raise autism awareness and funds to support families affected by autism spectrum disorders. Charms are made of 100% recycled silver. Charms start at \$65, [heartandstonejewelry.com](http://heartandstonejewelry.com).



Did you own a Caboodle growing up? They now have products to cater to females of all ages and personalities. Perfect for mothers and daughters to hold their precious treasures in — make-up, arts and crafts, figurines, hair accessories, and more — not to mention their designs are funky and fun! Starts at \$9.99, available at Target, Wal-Mart and Kmart.